

# RELATIONSHIPS

## CONCEPTS & IDEAS EXPLORED IN STREETCAR & OTHER RELATED TEXTS

- A poor sense of self can lead to unhealthy connections and relationships with others
- When one party displays more dominance than the other the relationship cannot mutually flourish
- Relationships with other can have a significant impact on our outlook on life and the way in which we view ourselves
- Strong relationships built on trust, compromise and forgiveness can lead to self-discovery, fulfilment, acceptance of reality and therefore happiness
- Effective Communication is necessary for the survival of a relationship
- Mutual compromise is needed for a relationship to survive long term
- Relationships can make us better people
- Relationships with other can enhance/reduce ones sense of self
- Lack of trust between people can lead to barriers in relationships, preventing the relationship to develop and become enriched
- In order to have a flourishing relationship, both parties' sense of belonging needs to be fulfilled
- When dominance seeps into tranquillity, the equilibrium is distorted and thus lost
- When a relationship is imbalanced it can encounter numerous problems and therefore become dysfunctional
- Societal standards of a functional relationship does not always mean the relationship is functional
- Poor communication with others can lead to dysfunctional relationships
- Communication in a relationship is vital between both parties in order to understand what each other want in the relationship
- Poor relationships with others can lead to isolation with others as well as oneself
- For a relationship to succeed, both parties must respect each other and their safety
- We must not hurt or disrespect people who we are in a relationship with
- We must accept our past before we can move on with the rest of our lives and our future relationships
- Communication is vital in order to sustain a healthy relationship
- Excessive dependency in a relationship leads to a parasitic and dysfunctional relationship with both others and self
- Socio-economic status' can lead to stereotyping and therefore cause harm in relationships
- Understanding is fundamental in relationships
- Obliviousness to reality can cause damage to relationships between people and also damage to one's relationship with themselves
- In order to move on and grow in new relationships, one must move on from the past and accept reality
- The longer you climb to delusions that make a 'perfect' reality, the more painful and difficult getting out of a relationship becomes
- Without a positive outlook on life, one cannot truly achieve positive self-fulfilment and happiness
- Poor sense of self can lead to highly dependent and dysfunctional relationships
- Loss of hope can cause apathy and lack of motivation towards maintaining a healthy relationship
- Obliviousness of one's faults as well as the faults of others can lead to an unhealthy relationship